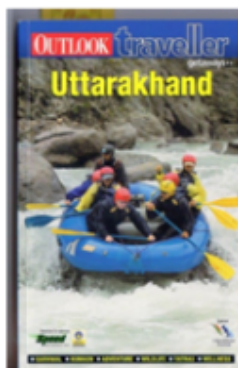


AQUATERRA

A D V E N T U R E S

**MARKHA VALLEY WINTER
TREK**



MARKHA WINTER TREK: INTRODUCTION

One of the most popular treks in Ladakh, the proximity to Leh brings a lot of people to this valley. As bustling as this valley is in summer, the winter completely transforms this valley into a quiet vacation into the heart of Ladakh as few people have ever seen it.

Beautiful landscapes, good chances to spot some high altitude wildlife, moderate terrain, beautiful high altitude landscapes, wild yaks and a homestay experience all make this trek a bucket list item.

A perfect mixture of adventure, culture and beauty.



FACT SHEET

DURATION OF TREK: 08 Days

REPORTING POINT: Leh Airport

GRADE OF TREK: Demanding

HEIGHT: 4150 M

ACCOMMODATION

DAY	ACCOMMODATION	MEAL PLAN
DAY 1-2	LEH HOTEL	ALL INCLUSIVE
DAY 3-7	HOMESTAYS	ALL INCLUSIVE
DAY 8	LEH HOTEL	BREAKFAST

ITINERARY CHART

DAY	START POINT	END POINT	DISTANCE	TIME	ALT.
DAY 1	LEH AIRPORT	LEH	DRIVE 5 KM	15 MINS	3500 M
DAY 2	LEH	LEH	DRIVE 30 KM	5 HRS	3500 M
DAY 3	LEH	CHILLING & SKIU	DRIVE 60 KM TREK 9 KM	7 HRS	3400 M
DAY 4	SKIU	MARKHA	24 KM	7 HRS	3700 M
DAY 5	MARKHA	MARKHA	16 KM	6 HRS	4150 M
DAY 6	MARKHA	SKIU	24 KM	7 HRS	3400 M
DAY 7	SKIU	LEH	TREK 9 KM DRIVE 60 KM	6 HRS	3500 M
DAY 8	LEH	LEH AIRPORT	DRIVE 5 KM	15 MINS	TRIP ENDS!

MARKHA WINTER TREK: DETAILED ITINERARY

DAY ONE: LEH AIRPORT - HOTEL

(3500 M)

Transfer to hotel. Relax and acclimatise. Visit Leh market in the evening.



DAY TWO: LEH

(3500 M)

A day for acclimatization. Optional visit to the Leh palace and the Shey, Thikse and Hemis gompas. Last minute shopping in the Leh market.



DAY THREE : LEH - CHILLING - SKIU

(3400 M)

The trail goes through a flat and desolate plain along the river Indus and swings into the mountains along the pretty, willow-lined Zingchen gorge.



DAY FOUR : SKIU –MARKHA

(3700 M)

Today's trail is not too strenuous, rising 300m over 22km, crossing the Markha river a couple times. There are a few ancient chortens along the trail, and a number of wolf pits used to trap wolves when they roam the valley during the winter months. Markha is a big village, complete with a derelict fort on the hillside and a small village monastery.



DAY FIVE : MARKHA EXPLORATION

(4150 M)

Walk up from the village to Thachungtse and view the magnificent KangYatze (6400m). On the walk there are sights of some fascinating geological creations of large boulders balanced precariously on top of consolidated earth spikes. Continue down over a bridge to Thachungtse, a lovely valley to camp in. A popular place to spot herds of blue sheep slide up and down the steep cliffs with incredible agility. Walk back to Markha Village.



DAY SIX: MARKHA - SKIU

(3400 M)

We retrace our steps to Skiu Village.



DAY SEVEN: SKIU - CHILLING - LEH

(3500 M)

Walk 2 hours to get to our waiting vehicles at Chilling. Our cars take us to Leh. Wash up & spend the evening shopping in Leh.



DAY EIGHT: LEH HOTEL – LEH AIRPORT

Early morning transfer to Airport for Leh - Delhi flight. Trip Ends!



MARKHA WINTER TREK: **COST BREAKDOWN**

COST INCLUDES

ALL TRANSFERS AS PER THE ITINERARY (LEH AIRPORT TO LEH AIRPORT)
ALL ARRANGEMENTS FOR STAYING AND CAMPING WHILE ON TRIP
ACCOMMODATION ON TWIN SHARING BASIS IN TENTS / HOTEL
ALL MEALS AS MENTIONED IN ITINERARY & SAFE DRINKING WATER
ALL TREKKING ARRANGEMENTS WITH INDIA'S MOST EXPERIENCED GUIDING TEAM, CAMP STAFF AND COOKS
PORTERAGE UPTO 15KG/PERSON
PEAK FEE/SANCTUARY FEE/ROYALTY/PERMITS WHERE APPLICABLE
ALL COMMON CAMPING AND TREKKING EQUIPMENT
A GUIDE FOR ALL MONASTERY SIGHTSEEING SHEY, THIKSE, HEMIS GOMPA

COST EXCLUDES

SLEEPING BAG
ANY TRANSFERS OR MEALS OUTSIDE OF ITINERARY
BOTTLED WATER
ITEMS OF PERSONAL CLOTHING
EXPENSES OF ANY PERSONAL NATURE (LAUNDRY / PHONE CALLS / ALCOHOL / CIGARETTES / INSURANCE / CAMERA FEE / ETC.)
ANY EXPENSE INCURRED DUE TO FORCE OF NATURE SUCH AS LANDSLIDES, BAD WEATHER OR REASONS BEYOND OUR CONTROL
TIPS & GRATUITIES (WE RECOMMEND 5-10% OF YOUR TRIP COST- TO BE DISTRIBUTED AMONG THE TEAM) - PERSONAL CHOICE
TRAVEL & CANCELLATION INSURANCE
FLIGHT & TRAIN TRAVEL

MARKHA WINTER TREK: THE NEXT STEPS

Have any questions? [Email us](#)

Ready to go?

Book your place by filling in this [form](#).

Make your payment [here](#).

Once you fill in your form, we'll get in touch with you with all the necessary details.

PLEASE NOTE:

Filling in the booking form does not guarantee a spot on any trek. You will receive a separate confirmation email once the booking form is submitted.

We look forward to hosting you on your next Adventure!

