



SWIFTWATER / FLOOD RESCUE TECHNICIAN COURSE



SRT COURSE: INTRODUCTION

The SRT course provides rescuers with the fundamentals of survival in moving water and is recommended for anyone who may be called upon to effect in-water rescues. Students gain knowledge in hydrology and river classifications, size-up, site control and scene management. Practical skills include self-rescue, swiftwater swimming and the fundamentals of shore, boat and in-water rescues. Additionally, students are introduced to the basics of boat handling and the fundamentals of rope rescue including mechanical advantage and anchor systems.



FACT SHEET

DURATION OF TREK: 03 Days

REPORTING POINT: Camp Aquaterra, Rishikesh

COURSE OUTLINE

DAY 01:

ARRIVAL AT THE CAMPSITE.

DAY 02:

Lecture

1. Welcome/Class Overview
2. Introductions
3. Goals of Class
4. WRI Approach/ Student Participation
5. Inherent Risk/ Sign Waivers
6. Basic River Safety/Rescue Guidelines
7. Hydrology
8. Personal Equipment
9. Communications/Organization
10. Pre-Planning
11. Medical Considerations

Lunch

1. Rafting Safety Talk
2. Boat Flip Demo
3. In Flow Risk Management
4. Spacing
5. Back Up Plans
6. USDS Safety In Flow
7. Short Raft Trip



DAY 03:

1. Overview of Day
2. Intro to Throwbags Onshore
3. Suit Up
4. Safety Talk
5. Equipment Check
6. Review Hand Signals/Comms
7. Review Emergency Plan/1st Aid
8. Split Class into 2 teams
9. Defensive Swim/Throwbags
10. Live Bait (Sneaky Pete)
11. Shallow water Crossing
12. Aggressive Swim Drill

Entrapment Lecture @ Lunch

1. Scenarios
2. Strainer Swim
3. Aggressive Swim Eddy Hop
4. Technical Gear
5. Knots
6. Anchors
7. Z-Drag
8. Unpinning Boats



SRT COURSE: COST BREAKDOWN

COST INCLUDES

ACCOMMODATION ON TWIN SHARING BASIS IN TENTS
ALL MEALS FOR THE COURSE DURATION & SAFE DRINKING WATER
GROUND TRANSPORT FOR THE COURSE
ALL COURSE CONTENT AND INSTRUCTIONS
CERTIFICATE UPON SUCCESSFUL COMPLETION

COST EXCLUDES

AIRPORT, RAILWAY STATION TRANSFERS OR STAY & MEALS IN DELHI
BOTTLED WATER
ITEMS OF PERSONAL CLOTHING
ANY EXPENSE INCURRED DUE TO FORCE OF NATURE SUCH AS LANDSLIDES, BAD WEATHER OR REASONS BEYOND OUR CONTROL
TRAVEL & CANCELLATION INSURANCE

SRT COURSE: THE NEXT STEPS

Have any questions? [Email us](#)

Ready to go?

Book your place by filling in this [form](#).

Make your payment [here](#).

Once you fill in your form, we'll get in touch with you with all the necessary details.

PLEASE NOTE:

Filling in the booking form does not guarantee a spot on any trek. You will receive a separate confirmation email once the booking form is submitted.

We look forward to hosting you on your next Adventure!

