



# SWIFTWATER / FLOOD RESCUE TECHNICIAN COURSE













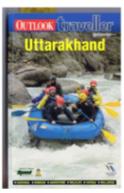




















## **SRT COURSE: INTRODUCTION**

The SRT course provides rescuers with the fundamentals of survival in moving water and is recommended for anyone who may be called upon to effect in-water rescues. Students gain knowledge in hydrology and river classifications, size-up, site control and scene management. Practical skills include self-rescue, swiftwater swimming and the fundamentals of shore, boat and in-water rescues. Additionally, students are introduced to the basics of boat handling and the fundamentals of rope rescue including mechanical advantage and anchor systems.



### **FACT SHEET**

**DURATION OF TREK: 03 Days** 

**REPORTING POINT:** Camp Aquaterra, Rishikesh





## **COURSE OUTLINE**

## **DAY 01:**

ARRIVAL AT THE CAMPSITE.

## **DAY 02:**

#### Lecture

- 1. Welcome/Class Overview
- 2. Introductions
- 3. Goals of Class
- 4. WRI Approach/ Student Participation
- 5. Inherent Risk/Sign Waivers

- 6. Basic River Safety/Rescue Guidelines
- 7. Hydrology
- 8. Personal Equipment
- 9. Communications/Organization
- 10. Pre-Planning
- 11. Medical Considerations

#### Lunch

- 1. Rafting Safety Talk
- 2. Boat Flip Demo
- 3. In Flow Risk Management

- 4. Spacing
- 5. Back Up Plans
- 6. USDS Safety In Flow
- 7. Short Raft Trip







## **DAY 03:**

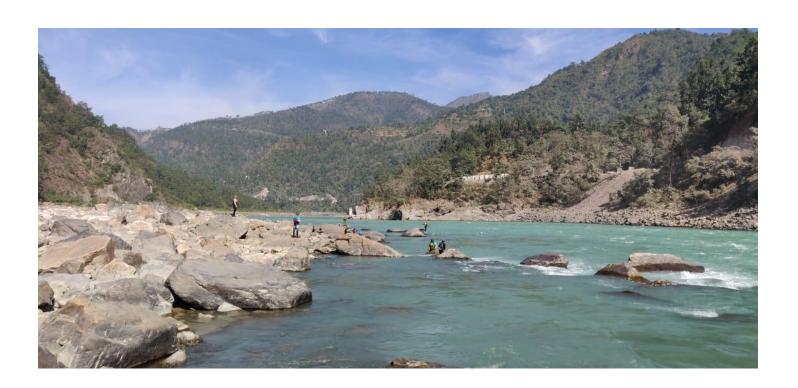
- 1. Overview of Day
- 2. Intro to Throwbags Onshore
- 3. Suit Up
- 4. Safety Talk
- 5. Equipment Check
- 6. Review Hand Signals/Comms

- 7. Review Emergency Plan/1st Aid
- 8. Split Class into 2 teams
- 9. Defensive Swim/Throwbags
- 10. Live Bait (Sneaky Pete)
- 11. Shallow water Crossing
- 12. Aggressive Swim Drill

#### **Entrapment Lecture @ Lunch**

- 1. Scenarios
- 2. Strainer Swim
- 3. Aggressive Swim Eddy Hop
- 4. Technical Gear

- 5. Knots
- 6. Anchors
- 7. Z-Drag
- 8. Unpinning Boats







# SRT COURSE: COST BREAKDOWN

#### **COST INCLUDES**

**ACCOMMODATION ON TWIN SHARING BASIS IN TENTS** 

ALL MEALS FOR THE COURSE DURATION & SAFE DRINKING WATER

**GROUND TRANSPORT FOR THE COURSE** 

ALL COURSE CONTENT AND INSTRUCTIONS

CERTIFICATE UPON SUCCESSFUL COMPLETION

#### **COST EXCLUDES**

AIRPORT, RAILWAY STATION TRANSFERS OR STAY & MEALS IN DELHI

**BOTTLED WATER** 

ITEMS OF PERSONAL CLOTHING

ANY EXPENSE INCURRED DUE TO FORCE OF NATURE SUCH AS LANDSLIDES, BAD WEATHER OR REASONS BEYOND OUR CONTROL

TRAVEL & CANCELLATION INSURANCE





# SRT COURSE: THE NEXT STEPS

Have any questions? **Email us** 

Ready to go?

Book your place by filling in this form.

Make your payment here.

Once you fill in your form, we'll get in touch with you with all the necessary details.

#### **PLEASE NOTE:**

Filling in the booking form does not guarantee a spot on any trek. You will receive a separate confirmation email once the booking form is submitted.

We look forward to hosting you on your next Adventure!

