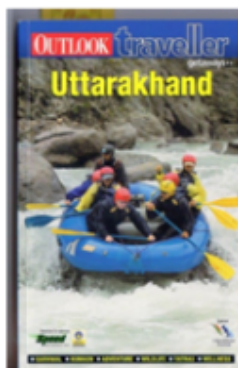


AQUATERRA

A D V E N T U R E S

SEVEN LAKES TREK



SEVEN LAKES TREK: INTRODUCTION

The Mishimi hills are home to some of the most incredible trails in India which a traveler can embark on. Century old hunting treks along lush green valleys and steep mountains are a great way to explore and experience the natural beauty and wonders of far eastern Himalayas.

As the name suggests, the seven lakes trek will take you to one of Himalaya's best kept secrets – seven breathtakingly beautiful high altitude lakes hidden in unnamed hills of the frontier state of India. Starting from open valleys in lush green carpet of tall grasses and ferns, this trek will take us up to an elevation of almost 4000 meters into the glaciers that feed these lakes and rivers below all throughout the year. If you visit in spring/summer, you will find whole valleys covered in wildflowers.

The trek is ideal for intermediate to expert trekkers as on almost all trekking days we will be climbing steep uphill or downhill. You will be accompanied by experienced guides and former hunters with in-depth knowledge to share the history of the area while showing you plant life, wildlife and more.

An exploratory means that this is one of the first few treks into this region, and is a collaborative, rather than commercial. Guests must expect to roll with the punches, with the reward being an opportunity to venture where few have!



FACT SHEET

DURATION OF TREK: 11 Days

REPORTING POINT: Dibrugarh Airport

GRADE OF TREK: Demanding

HEIGHT: 4000 M

ITINERARY CHART

DAY	START POINT	END POINT
DAY 1	HOME	DIBRUGARH
DAY 2	DIBRUGARH	ROING
DAY 3	ROING	ANINI
DAY 4	ANINI	JUNGLE CAMP 01
DAY 5	JUNGLE CAMP 01	JUNGLE CAMP 02
DAY 6	JUNGLE CAMP 02	LAKE KAMO UYEA
DAY 7	LAKE KAMO UYEA	LAKE KAMO UYEA
DAY 8	LAKE KAMO UYEA	INGULI
DAY 9	INGULI	ANINI
DAY 10	ANINI	ROING
DAY 11	ROING	DIBRUGARH

SEVEN LAKES TREK: DETAILED ITINERARY

DAY ONE: DIBRUGARH ARRIVAL

Arrive Dibrugarh late afternoon by air. Transfer to hotel. Check in and expedition briefing at tea time. Evening local Assamese "sit down" dinner, is an absolute delight. Wind up for an early start the next day.



DAY TWO: DIBRUGARH - ROING

This morning, we take a pleasant ride through picturesque tea garden estates of upper Assam. The ride also includes an hour-long ferry ride from Dhola to Sadia. Once in Roing, you will be taken to your campsite in an orchid farm overlooking a nesting area of birds. There will be enough time for you to do your last-minute purchases from the town. You will also meet the crew and support staff.



DAY THREE: ROING - ANINI

Today will be a long day on the car to reach the last town near the starting point of our trek. We will travel more than 300 kilometers on a mountain road, cross Mayodia Pass – the highest pass in the Debang Valley districts (2655 meters) and will reach Anini only late in the evening. This is where we'll drop our extra luggage before we start off on our trek early next morning. A hearty meal and a few hours of rest before the trek is necessary.



DAY FOUR: ANINI TO IMUNGU TO JUNGLE CAMP 01

The start of our trek is from a small village called Imungu – which is about 25 kilometers from Anini. There on, we leave our transfer vehicles and start walking up the initial ridge of the hill with a breathtaking view of the lush green hills. Degree of elevation is moderate so you can ease your way in before the steep climbs of later days. However, be wary of insects as they can be quite a nuisance. Full sleeve clothes are advisable. Most of the day will be over while we cross the lush fern fields and set up camp for the night right at the start of the forest at an elevation of around 2500 meters.



DAY FIVE: JUNGLE CAMP 01 TO JUNGLE CAMP 02

Today we will start our journey through the dense forest of Mishimi hills. We will resume our ascent from 2500 meters through very thick grove at the start of our trek. After gaining about 500 meters, the forest thins out to more manageable ferns plants. At 3200 meters thick forests starts again but with an entirely different kind of vegetation. There is a stark differences in the plants and flowers as we gain or lose altitude. Numerous species of plants and small animals and birds are on display for those who know where to look. Tonight's camp will be set up at around 3400 meters in a very small patch of relatively plain land closer to a water source.



DAY SIX: JUNGLE CAMP 02 TO LAKE KAMO UYEA

Today we will make the final ascent to our destination – the lake locally known as Kamo Uyea which is at around 3750 meters. From our overnight camp in the Alpine forests, we will continue along the ridge of the mountain till we reach the glaciers and continue till our camping site for the next couple of days. The highest point of today's trek is around 3850 meters and we camp at a spot with a view of the lake at around 3730 meters.



DAY SEVEN: CAMP LAKE KAMO UYEA

Today we take a break from rigorous walking and take in the serene beauty on display. There will be a short trek, not far off from our camping site to the other lakes. You can use the rest of the day to take photographs or rest or just chill out. From here on, we will start our descent back to civilization.



DAY EIGHT: CAMP LAKE KAMO UYEA TO INGULI

Today is a long day of going downhill to reach an outpost near a small village called Inguli. We will start early from our camp at 3730 meters and continue up to reach the top of the mountain at 3927 meters and then start our long descent to our outpost at 1550 meters near Inguli. We will follow the old hunting trails of Idu Mishmi tribes through cliffs and pine ridges as well as a tricky river crossing. We'll spend the night at a traditional Idu Mishimi house.



DAY NINE: INGULI OUTPOST TO MELE TO ANINI

The last day of our trek will be a short one. Much of the downhill was covered yesterday and today we just have some bamboo roves to cross along with a couple of rivers. This should not take more than 2-3 hours. Once we reach the ITBP outpost at a village called Mele, our transfer vehicles will be waiting for us there to take us back to Anini.



DAY TEN: ANINI TO ROING

Today is going to be another long day on the road as you travel back 320 kilometers to Roing from Anini. Overnight at a hotel in Roing.



DAY ELEVEN: ROING TO DIBRUGARH

You will be transferred back to Dibrugarh from Roing to catch your flight home.



SEVEN LAKES TREK: COST BREAKDOWN

COST INCLUDES

ALL TRANSFERS IN A NON AC VEHICLE AS PER THE ITINERARY
ALL ARRANGEMENTS FOR STAYING AND CAMPING WHILE ON TRIP
ACCOMMODATION ON TWIN SHARING BASIS IN TENTS / HOTEL
ALL MEALS AS MENTIONED IN ITINERARY & SAFE DRINKING WATER
ALL TREKKING ARRANGEMENTS WITH INDIA'S MOST EXPERIENCED GUIDING TEAM, CAMP STAFF AND COOKS
PORTERAGE UPTO 15KG/PERSON
ALL COMMON CAMPING AND TREKKING EQUIPMENT
PEAK FEE/SANCTUARY FEE/ROYALTY/PERMITS WHERE APPLICABLE

COST EXCLUDES

SLEEPING BAG
ANY TRANSFERS OR MEALS OUTSIDE OF ITINERARY
BOTTLED WATER
ITEMS OF PERSONAL CLOTHING
EXPENSES OF ANY PERSONAL NATURE (LAUNDRY / PHONE CALLS / ALCOHOL / CIGARETTES / INSURANCE / CAMERA FEE / ETC.)
ANY EXPENSE INCURRED DUE TO FORCE OF NATURE SUCH AS LANDSLIDES, BAD WEATHER OR REASONS BEYOND OUR CONTROL
TIPS & GRATUITIES (WE RECOMMEND 5-10% OF YOUR TRIP COST- TO BE DISTRIBUTED AMONG THE TEAM) - PERSONAL CHOICE
TRAVEL & CANCELLATION INSURANCE
TRAIN & FLIGHT TRAVEL

SEVEN LAKES TREK: THE NEXT STEPS

Have any questions? [Email us](#)

Ready to go?

Book your place by filling in this [form](#).

Make your payment [here](#).

Once you fill in your form, we'll get in touch with you with all the necessary details.

PLEASE NOTE:

Filling in the booking form does not guarantee a spot on any trek. You will receive a separate confirmation email once the booking form is submitted.

We look forward to hosting you on your next Adventure!

